

# Transitions to a New Home

## A Note to Consumers, Parents, Families, Health Professionals And Community Support Services

There are many times of transition across the lifespan – one of these is the transition to a new home. There are many things for an individual to consider when leaving the family home or moving house.

Some would argue that moving house is one of the most stressful times of life. For people with a physical disability, there are added stresses related to access, equipment and day-to-day support in a new environment.



It is important that whatever decisions are made around moving to a new home, conversations about the transition are started early and there is an understanding that it may take time to put everything in place.

To assist with awareness and planning around the move to a new home, a range of community services and organisations are available.

Consultation with a therapy team is also recommended. During this transition, a team can provide information about support, equipment and assistive technology so that it can be made available when needed.



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